

# Sabra Shelly

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## New York Theatre

We (October 2024)	I-330	Mark O'Donnell Theater/Kevin Ray
Where You and I Go...*	<i>Amanda John</i>	LATEA (NY Winter Fest)/Danielle Kogan
Sandwich Program*	<i>Lou</i>	Weasel Festival at The Public/Tara Elliott
Seashell Sweetie	<i>The Wife</i>	Voyage Theater Company/Rose Burnett Bonczek
The Rimers of Eldritch	<i>Martha</i>	Secret Theatre/Larry Singer
Guiltier Than Thou*	<i>Ned</i>	Manhattan Repertory/Mark Schofield
Bear Story*	<i>Mrs. Novack</i>	The Tank NYC/Joshua Gold
Sweat	<i>Jessie</i>	Irondale Theater/Michael-David Gordan
Gi60 Play Festival	<i>Various</i>	The Tank NYC/Jolie Tong et al

## Regional Theatre

A Thousand Clowns	<i>Sandra</i>	Foothills Performing Arts/Donagan Smith
Baby with the Bathwater	<i>Helen</i>	Hickory Community Theater/Deb Wakefield
Vagina Monologues	<i>Ensemble</i>	The Empty Space/Hester Wagner

## Film/TV

Naturally Super (webseries)	<i>Lead</i>	Dir. Jean-Patrick Simeon
Baby Blue	<i>Supporting</i>	Dir. Aleksandar Nikodin
Apartment 406	<i>Lead</i>	Dir. Jeff McGary
Survey	<i>Supporting</i>	Dir. Thomas Hill

## Commercial/Print

Abbie Medical	<i>Supporting</i>	Dir. Brian Doben
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## University Theater

Porch Play*	<i>Bridget</i>	Brooklyn College/Lillian Meredith
[PORTO]	[ ]	Brooklyn College/Emily Edwards
After Miss Julie	<i>Miss Julie</i>	Brooklyn College/Cristina Duarte
The Would-Be Gentleman	<i>Lucile</i>	University of the South/David Landon

## **Training/Workshops**

Brooklyn College                      *MFA Acting*  
University of the South              *BA Theatre Arts*  
Michael Howard Studios              *Immersive Conservatory Program*

Scene Study/Acting: Mark Blum, Larry Singer, Mary Beth Easley, Alex Neil

Lecoq and Clown: David Landon, Richard Crawford

Shakespeare: Andrew Wade

Improvisation: Rose Burnett Bonczek

Lucid Body: Faye Simpson, Katherine Knipp Willis

Vocal Production: Judylee Vivier

Dialect and Diction: Liz Hayes, Patrick Mulryan

Camera: Welker White, Jon Shear

Voice-Over Technique: Larry Davis

Animal Work: Polina Klimovitskaya, Ian Wen

Butoh: Ian Wen

Unarmed Combat: Eugene Solfanelli

Dance Experience/Training: Ballet, Modern, Jazz

## **Special Skills**

Member SAFFD, ability to read music, dialects/accents, triathlete, voice-over experience, instructor/acting coach, yoga certification (in progress), devising theatre (project in progress)

\*World Premiere